



Sacro Occipital Technique Organization – USA
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SACRO OCCIPITAL TECHNIQUE – CERTIFICATION SERIES

SOT CATEGORIES PART ONE (12 Hours) - In this hands-on seminar you will learn the anatomy and physiology of the three SOT category systems. You will also learn the comprehensive evaluation and assessment procedures for assessing and treating a sacroiliac joint instability disorder (category two) with its complex of interrelated factors. In this class also covered is the trapezius fiber analysis and adjusting for the thoracolumbar region, the cervical stairstep adjustment for the cervical spine, and the basic cranial adjustment for category two. No prerequisite.

SOT CATEGORIES PART TWO (12 Hours) - This hands-on seminar will cover all the treatment for lumbosacral disc herniations, piriformis muscle syndrome, and sciatica presentations (category three) and all of the treatments for sacroiliac joint fixation, pelvic torsion, and altered sacral nutation (category one). In this class we will cover occipital fiber analysis and treatment for thoracolumbar regions and cranial techniques for category three and one, rehabilitation techniques, and transitioning between categories. No prerequisite

SOT CHIROPRACTIC MANIPULATIVE REFLEX TECHNIQUE (CMRT) (12 hours) - CMRT is a hands-on soft tissue technique that deals with the viscerosomatic reflex arc. It has a specific set of indicators – occipital fibers – that assist the practitioner in isolating the most dominant viscerosomatic/somatovisceral spinal reflex imbalance and, once that reflex is neutralized, specialized organ reflexes are applied to facilitate balance and function. No prerequisite.

SOT EXTREMITY TECHNIQUE (8 hours) - SOT Extremity Technique integrates with the Category System when persistent extremity involvement inhibits the proper resolution of the category. This seminar covers diagnosis and treatment of primary and secondary extremity dysfunction using SOT indicators. The SOT Extremity Distortion Pattern focuses on the feet, ankles, knees, hips, shoulders, elbows, and atlas/axis. No prerequisite. Included in this seminar is Zindler's extremity treatment of the lower and upper extremity, which has been commonly integrated into the SOT extremity paradigm for many decades.