



Sacro Occipital Technique Organization – USA
771 South Main Street, Sparta, North Carolina 28675
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SACRO OCCIPITAL TECHNIQUE – CRANIAL CERTIFICATION SERIES

SOT Cranial Technique - Cranial Palpation, Sphenobasilar Range of Motion, Craniomandibular Motion Technique (8 hours)

Cranial anatomy and physiology, cranial bone ranges of motion and palpation, CSF physiology, flow and palpation. sphenobasilar ranges of motion, cranial mandibular motion technique, evaluation and palpation exercises to be integrated into practice immediately. No prerequisite.

SOT Cranial Technique - Sutural & TMJ Protocols (12 hours)

Classic DeJarnette Sutural Technique, how to treat difficult sacroiliac conditions cranially, complete TMJ protocols, how to work with dentists in your SOT cranial practice. Learn how to assess airway compromise, sleep apnea, and TMD related rehabilitative exercises. No prerequisite.

SOT Cranial Technique - SOT Cranial Specifics (12 hours)

Integrating condition-specific procedures into the SOT cranial practice. Advanced procedures to be used in conjunction with SOT category work and basic cranial procedures to address more complex patterns. Techniques for blood pressure, asthma, sinus congestion, headaches and ear problems are some topics included. No prerequisite.

SOT Cranial Technique - SOT Cranial Intra-Oral Meningeal Balancing (8 hours)

How to diagnose and treat cranial meningeal imbalance utilizing intra-oral adjusting procedures for frontal, temporal and occipital craniodural imbalance. Familiarity of SOT Category work and Cranial Basics is recommended, but there is no prerequisite for this class.

Contact:

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SOT Cranial Technique: Level One Syllabus Sacro Occipital Technique Organization – USA

HOOR ONE: Introduction to SOT Cranial Technique

- A. History
- B. Anatomy of the Craniospinal System
- C. CSF Dynamics
- D. Meningeal System

HOOR TWO - THREE: Cranial Anatomy and Cranial Palpation

- A. Location of Specific Cranial Bones and Landmarks
- B. Suture Location and Beveling
- C. Developing Cranial Palpation Skills

HOOR FOUR - FIVE: Cranial Palpation and Application Skills

- A. Normal Cranial Bone Ranges of Motion
- B. Cranial Hand Holds
- C. Cranial Antidote
- D. CSF Palpation Exercises

HOORS SIX: Presentation of Cranial Mandibular Motion Technique

- A. Frontal
- B. Sphenoid
- C. Temporal
- D. Parietal
- E. Occipital

HOORS SEVEN - EIGHT: Presentation of Sphenobasilar Symphysis (SBS) Technique

- A. Flexion/Extension
- B. Torsion Strain
- C. Sidebending Strain
- D. Vertical Strain
- E. Lateral Strain
- F. SBS Compression
- G. Review of hours one through eight.

Sacro Occipital Cranial Technique Level Two Syllabus
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HOUR ONE TO THREE:

I. Introduction to Temporomandibular Joint (TMJ), Related Cranial Anatomy, Dental Terminology and Interdisciplinary Care.

HOUR FOUR TO NINE

II. Comprehensive Sutural Technique

- A. Step One -- Cervical Craniodural Balancing
 - 1. Sternocleidomastoid (SCM) Stretch
 - 2. Frontosternocleidomastoid
 - 3. Zygoma Lift
 - 4. SCM Groove Palpation - Two Thumb Torque
- B. Step Two -- TMJ Correction
 - 1. Springing Cranial and Facial Sutures
 - 2. Platysma Stretch
- C. Step Three -- Swallowing (Maxilla / Zygoma)
 - 1. Maxilla Lift: Protruded or Retruded Maxilla
 - 2. Zygoma Release
 - 3. Maxillary Straddle
- D. Step Four -- Temporal Correction
 - 1. Temporal Balancing Technique
 - 2. Temporosphenoïdal Stress Lines
 - 3. Temporal Bone Correction
 - 4. Temporal Balancing Technique
- E. Step Five -- Nasosphenoïdal Correction 1. Sphenoid Correction
- F. Step Six -- Metopic/Sagittal
 - 1. Metopic Spread and "V"
 - 2. Sagittal Spread and "V"
 - 3.. Sagittal Furrowing
- G. Step Seven – Occiput Pump and Spread
 - 1. Occipital Pump
 - 2. Color Phenomena and Rapid Eye Movement
 - 3. Occipital Spread

HOUR TEN - ELEVEN:

III. Temporal Mandibular Joint Treatment

- A. Temporal Mandibular Joint Balancing
- B. TMJ Exercises
- C. Airway Compromise, Sleep Apnea, and TMD Related Forward Head Posture

HOUR TWELVE:

IV. Review and Dental and Chiropractic Co-Treatment of TMD

Sacro Occipital Cranial Technique Level Three Syllabus

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Hour One - Two:

Cranial Analysis, CRI, Respiratory Motion, Manual Motion and Visual Analysis
Demonstration and Hands On

Hour Three:

Cranial Antidote, CRI Directing and General Cranial Molding Techniques Demonstration
and Hands On

Hour Four - Five:

Occipital and Sphenoid bone corrections Demonstration and Hands On

Hour Six - Seven:

Temporal bone corrections Demonstration and Hands On

Hour Seven - Eight:

Frontal bone corrections Demonstration and Hands On

Hour Nine:

Intra-oral reflex and balancing corrections Demonstration and Hands On

Hour Ten - Eleven:

Condition Specific Techniques (external) including, Headaches, Epilepsy, Blood
Pressure, Eustacian tube, TMJ Balancing, Nasal Maxilla, Cruciate Suture,
Sphenopalantine Ganglion, Fronto-Zygomatic, and Cranial Bow Lift Techniques.
Demonstration and Hands On

Hour Twelve:

Correlation of clinical findings and companion technique correlations. Demonstration and
Hands On. Review of whole seminar.

Cranial Level Four Syllabus

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Hour One

Introduction: Intraoral Craniodural Corrections Global Cranial Dynamics: Dural-Web Model Review of Cranial Anatomy and Physiology

Hour Two:

Review of SOT Category Theory, Analysis, and Treatment Cranial Landmarks and Palpation Exercises Hands on Techniques

Hour Three:

General Cranial Bone Dynamics: Midline versus Paired Bones, Intraoral vs. External Cranial Adjustments Utilizing Breathing and Foot Dorsi/Plantarflexion Palpation of Specific Cranial Bones and Sacrum: Occipital, Temporal, and Frontal Bone Palpation of Maxilla, Palatine, Palatamaxillary Suture, Pterygoids, & Vomer Bones and Sutures Cranial Visual Positions: Occiput, Temporal, and Frontal and Internal Dural Dynamics Hands on Techniques

Hour Four-Seven:

Intra-Oral Specific Corrections: Occipital, Temporal and Frontal Bones Hands on Techniques

Hour Eight:

Category One Cranial Adjustments Using Sacral Blocking Techniques: Occipital, Sphenoid, Temporal and Frontal Bone Dural Balancing Hands on Techniques