

# Becoming a Certified SOT Practitioner (CSP)

## Option 1

1. Attend all 4 courses LIVE and in person (Category 3 and 2, Category 1, CMRT, Extremity Technique), which take place over 4 separate weekends.
2. Study your course notes, ask questions, use the technique, and study the SOT manual.
3. When you're ready, you're eligible to sit for the written and practical CSP examination. This examination is held annually at the SOTO-USA Symposium in the spring.