

2022 Clinical Symposium
April 28-30, 2022
InterContinental Hotel
New Orleans, LA

Presenter: Robert Monk, DC

Title: SOT Orthopedic Blocking assisted Treatment of Scoliosis

Date/Time: Friday April 29th, 11am – 1pm

Summary:

Hour One:

current theories of the etiology of scoliosis

Anatomy of scoliosis

biomechanics of scoliosis

progression of curvatures

scoliosis screening

dangers of non-treatment options for treatment :

Facts about bracing: Does It Work?

For what degree curve do you decide to prescribe a brace?

Types of Braces: plastic (rigid) braces and soft (dynamic) elastic braces.

How long will the patient need to wear the brace?

Can they wear it at night only?

Risks and long-term complications of adolescent idiopathic scoliosis surgery

scoliosis in adults

idiopathic vs degenerative scoliosis

Hour Two:

Physical Therapy and Schroth Method

chiropractic considerations

goals of treatment

Orthopedic blocking assist in treating scoliosis (Hands-On)

sitting

prone-lying

home exercises

exercises to avoid