

# SACRO OCCIPITAL TECHNIC BULLETIN

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DR. M.B. DE JARNETTE, BOX 338

NEBRASKA CITY, NEBRASKA 68410

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## SACRO OCCIPITAL TECHNIC ♪ CRANIOPATHY

**Sacro Occipital Technic** aligns structure so function can maintain health.

**Craniopathy** frees impingements of the structure of the internal cranium so the brain can direct and improve function.

*Both SOT and Craniopathy are imperative for a successful chiropractic career. Both are imperative for the total health care in the practice of chiropractic. Both are essential in the correction of human distortions and the repair of the problems that interfere with function.*

The total health system in the use of non-invasive therapy must include craniopathy because all we know, all our skills, all our bodily functions are controlled by some part of the brain, which is dependent for nourishment and organization by the shell which we term the cranium.

No one can be truly healthy if there exists any type of impingement to the systems of the brain and its stem. The total organization of living is dependent upon energy developed by the brain and transmitted by the spinal cord or its associated systems.

Every student in chiropractic college in the world should be taught the **SACRO OCCIPITAL TECHNIC** of categorization and specific blocking. Chiropractic today is searching for the category system and only **SACRO OCCIPITAL TECHNIC** has the original system. All other forms of diversified chiropractic are based upon the principle of structure and function, and SOT is the pioneer in those fields. There is nothing unscientific with the chiropractic adjustment, providing that adjustment meets the requirements of the category to be dealt with at that time.

The total human requirement for structural alignment and functional processes of living depends upon a balanced pelvis. Some techniques try to balance the pelvis with heel and sole and ischial lifts. This is totally unnatural because, when the shoes are removed, the distortion returns. Before and after x-rays showing vertebral alignments due to heel and sole lifts show the old misalignments when the x-ray is taken with the shoes off. SOT is not based upon straightening spines, but is based upon producing the environment that lets the spine maintain structural alignment so that function alignment can perform.

A totally straight spine is not necessarily a healthy spine. A totally reciprocal pelvis is essential to health and performance. The pelvis, as you now know, must be reciprocal. If both sides go in the same place, neither side can function. This is like trying to walk when the advancing leg slips backward or the holding leg loses its traction. Even breathing depends upon a stable reciprocating pelvis. You must remember that only category blocking normalizes both the right and left sides of the pelvis. Manual adjusting cannot do this because no one is capable of enough skills to apply the same pressure at the same time to both the right and left sides of the pelvis.

**C**RANIAL **T**ECHNIQUE is part of SOT, and SOT is part of Craniopathy. Each needs the other, and patients need both. The need for cranial correction is universal, and there is no need to waste space telling you that every function you perform depends upon an impulse generated in some part of the brain. If that impulse is not generated, the spinal cord cannot carry it to its destination. Much energy is wasted by chiropractors trying to make a vertebra replace the human brain.

The cranial technique taught in our seminars is not an aggressive technique that tries to move the immovable, but a very gentle technique that lets the respiratory system move the membranes of the internal cranial vault.

The basic eight bones that form the cranium and the fourteen bones that form the facial structures must all work together, and the object of cranial technique is organization of that harmony. The cranial structures must be supplied with blood. The drainage systems must be kept open and working. The lymph system must be workable. The ingestion mechanism or the mandibular articulation must be in alignment and capable of chewing the food you eat.

The total cranial vault is tied together by sutures, and those sutures have a lining which we term the tension membranes. They must be kept so there is equality between the right and left sides.

You hear much about TMJ problems, but you must remember that the TMJ is only a small part of the mechanism we deal with in Cranial Technique.

Every seminar now has a panacea adjustment for the cranium. After 64 years of Craniopathy, the Major can tell you that there exists no panacea adjustment for anything pertaining to the human body. Cranial Technique is a scientific study that takes time to develop the touch essential to that study. Omaha and the SORSI Seminar is a fine beginning, if you are new to this approach, and a beautiful opportunity to add to your ability if you are an advanced student of Craniopathy.

We do positively know that the human cannot be fully efficient if the cranium is only 80% efficient. We are in need of that other 20%.

The best in chiropractic and non-invasive therapy, as well as medical and surgical techniques, are only as efficient as the cranium and its contents. The brain makes recovery possible. The message has to be developed before it can be delivered. The brain creates the message, the spinal cord delivers it. The pelvis must be balanced before either can function efficiently.

The procedures of the brain are not solo procedures because the line of transmission has to be efficient to make the command operative.

Every human needs cranial observation, and in most instances, cranial corrective procedures. The TMJ is the end result of most cranial problems. The pelvis creates many TMJ problems.

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