Blocking Theory

The pelvis governs the posture of the body in all positions, with the pelvis forming the basic function of sacral motion for control of the primary respiratory system, and then the motion of the dura is controlled by the sacrum in its attachment for the dura. We now know that the pelvis is primary in respiration, and also primary in the control of the flow and pressure of the cerebrospinal fluid. Those two vital functions sustain life. The basic muscles of posture are controlled by the pelvis. The gravity center of the head also basically is controlled by the posture of the pelvis. To attain health, we must first attain pelvic balance, and the SOT blocking system is the logical answer.

With the blocking system, we can correct the movable part of the pelvis without disturbing the immovable part, and we can compress the immovable part without disturbing the movable part. That cannot be done by manual manipulations, no matter how skilled the chiropractor. The blocking can be planned for proper action, and the force for the motion requires for alignment being supplied by respiration and body weight is automatically attained by choosing the prone or supine position, which is determined by the category system involved to indicate the need for such blocking.

All in all, SOT was made for the doctor of chiropractic, and with luck and God’s help, the SORSI is going to do its level best to see that the population of the world receives the best in the healing arts when non-invasive therapy is indicated, by teaching SOT to every chiropractic doctor that will respond.