

SACRO OCCIPITAL TECHNIC BULLETIN

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1925 ♪ FIFTY NINTH YEAR FOR SACRO OCCIPITAL TECHNIC ♪ 1984

SACRO OCCIPITAL TECHNIC

SACRO OCCIPITAL TECHNIC (S.O.T.) is a provable scientific system of fundamental human correction to produce fundamental function. Not every technique can meet the occasion, but S.O.T. does come close. The human being cannot become sick or non-functional without invading either category one, two, or three. The Major's experience with the virus this year proves that the answers are always there if you take time to search for them. The major's problem is that he lives where S.O.T. is a part of the forbidden fruit of chiropractic. He unfortunately lives in an area of the country where the x-ray is the money maker and the pop in the back is the therapy.

Those of you who are now in chiropractic at the tender age of 20 to 40 years know that the computer age is upon us and our profession, and you probably wonder how we old timers did our work with a pen and sheet of paper. In our day, the human mind was the computer whether we knew it or not. Some developed their mind skills, and others let their mind skill develop them. That is why there have been hundreds of different interpretations of chiropractic. Fortunately, S.O.T. was guided in its research by minds that sought out facts and put them together and made them into a professional computer procedure even before we were in the age of the now-known hardware and software computerized systems. The body was used to give us information, and that information was then sorted out to systematically offer that information on demand. The category system of divisional diagnosis is an example of computerized system at work.

S.O.T. has always believed that for every action there has to be a reaction, and that is why reflex therapy was so important in the early days of DeJarnette's research.

Twenty years from now, many will look at S.O.T. and say, "Why didn't I act twenty years ago and prepare myself for what is now so essential. It is always easy to look back and wish. You need not ever look back, because it is difficult to go forward to a goal if you keep looking back to see what you missed.

Opportunity often is man's greatest asset – if man partakes of that opportunity. S.O.T.O. has to have merit because it has existed under the most trying conditions for nearly sixty years. Is it about time you added your name to progress through S.O.T.?

Fortunately, most of our chiropractic colleges do give the students a sort of familiarity with S.O.T. oftentimes with varying degrees of interpretations. It is unfortunate that our motivating courses being offered today are primarily based upon the x-ray and proof of the subluxation. If the x-ray is proof of the subluxation, then another x-ray after adjustment ought to be proof of the correction. This is unprovable, so only part of the puzzle is presented. It is easy to tell your patients that this or that vertebra is 1/16th out of line and it will take 16 adjustments to get it back in line. Often this is not provable.

LET'S DO IT RIGHT

If you want to know what goes on in the body, ask the mind. This is the only field in which we must keep abreast of science. When Major was fighting the virus, the mind kept telling us that the body was okay, and that the categories were okay. The mind kept telling us that the occiput had no reason to bring forth an immune reaction because there was n infection. The mind kept telling us that the Major had an allergy. At age 84, that is what everybody needs, a darned allergy!

One night, while slowly imbibing an old fashioned in a reputable joint, it dawned on the Major to test the mind, and what do you think? The Major was allergic to the darned stinking cherry in the old fashioned! The sneezing, running nose and the cough became so pronounced for just that reason. Oftentimes you have to hit a mule in the head with a two-by-four to get its attention. That holds true for some doctors the Major knows.

When all is said and done, the only explanation some patients understand about chiropractic is that a vertebra is out of place pressing on a nerve. If that is understandable, use it, but remember that the mind knows all, and we should use it for the truth.

THE IMPORTANCE OF THE DOLLAR AND CREST SIGNS

The crest signs hold the body together by brace type muscles. The dollar signs hand on the gluteal muscles. Both are terribly important to the living human being. How could two sets of muscles so different in formation and function work so harmoniously together in health and be so obnoxious and elusive in sickness? Why would the Creator place so many functions in such a position on the human body?

The sicker the human, the looser their gluteal muscles. The sicker the human, the tighter the crest muscles. When a person is dying, the gluteals send out their signals that death is approaching. Every nurse in every hospital in her daily rounds sees evidence of this truth, but to her, it is another someone to bathe and to check on again tomorrow to see if those same muscles are still hanging onto life.

The crest muscles represent man's and woman's mycological functions and the dollar signs represent the neurological energies that flow through the body. We can call them neurological phenomena, but they are truly energy storage areas for the total body. In the fight or flight syndrome in which the adrenals are called upon for instant stimuli, that stimuli is normally found to exist in the dollar sign area of the gluteals.

The gluteal muscles are anti-gravity devices which, like a gyroscope, keep us in the position in which we have positioned ourselves, and stand ready to exchange that position for a more favorable one.

If we could, by chance, find a spurt of energy that would resupply the dollar sign centers in the gluteals, we possibly would find a cure for many obscure diseases today.

The Major has researched this dollar sign area for fifty years, and while we know that it is a vital sign in the category one, and we know that the strong dollar sign is the first to be adjusted when we get to that point in the category one care, we also know that the opposite side, or the so-called weak side, is the side to treat by whatever means you find adaptable to its recovery. At the present time, we use the scoop adjustment and repeat it up to 20 times per adjustment. We do find that this raises the patient's health potential and is a powerful alleviator of pain associated with the category one.

The crest sign is a muscular coupling of the back to the pelvis. When it is in sublaxation, response to the manual correction is beautiful, but you must remember that the weak side or the side you adjust last, may need more than one thrust. You can determine this by how much balance you obtain between the major and the minor sides of the lumbar spine.

If there is one neglect in S.O.T., it is the crest and dollar sign area as associated with the category one. In fact, the category one is overlooked far too often in our zeal to make every problem a category two. The category two is beautiful, but it is not a panacea for the total ills of the human being.

Some day some genius will develop a technique that will balance the gluteals and then many can recharge them each night and be ready to lick the world the following day. Did you ever stop to think that your fatigue point is when the gluteals fail? Ask any runner or athlete where that fatigue point is and he will point to the back side of man.

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